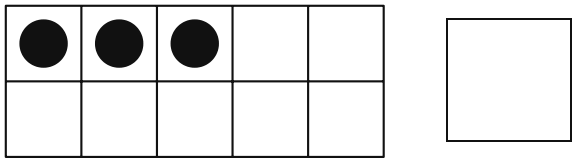
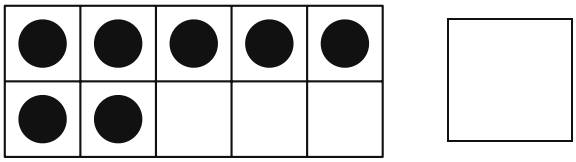
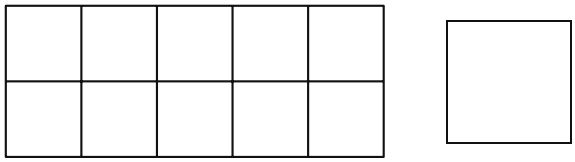
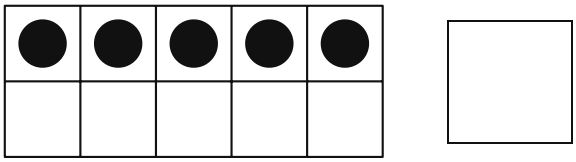
One More, One Less: One More to 10

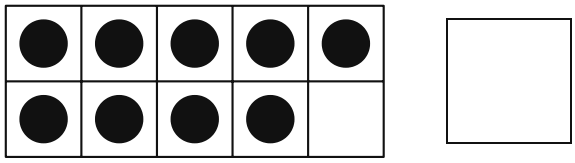
Draw one more dot in the frame. Write how many dots there are now.

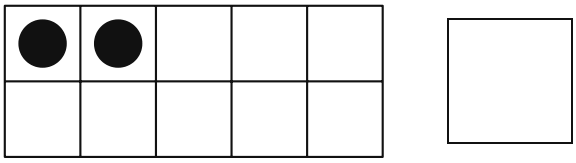


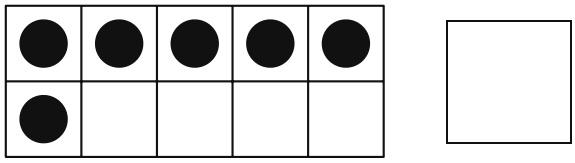


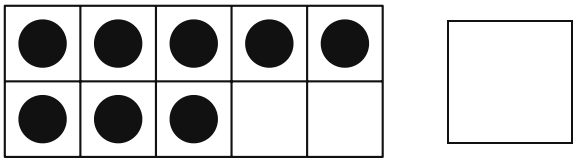


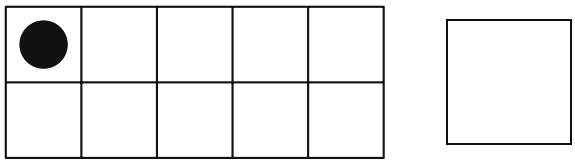


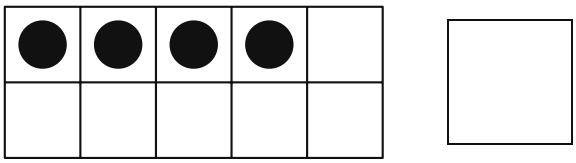






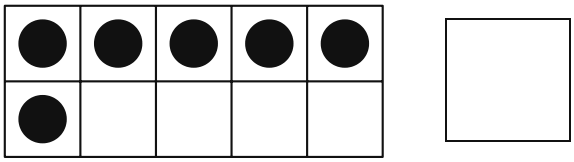


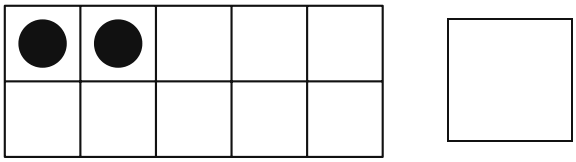


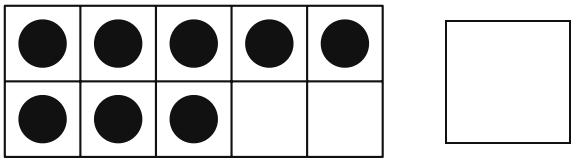


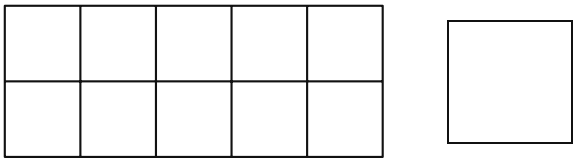
One More, One Less: One More to 10

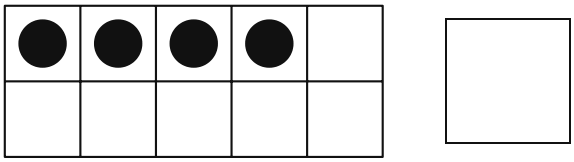
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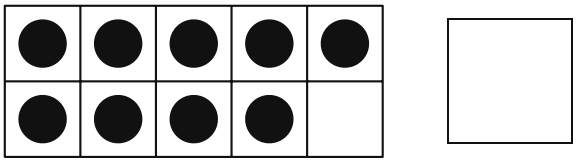


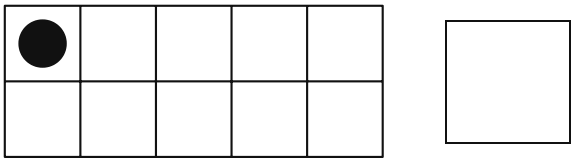


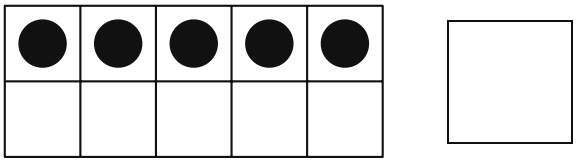


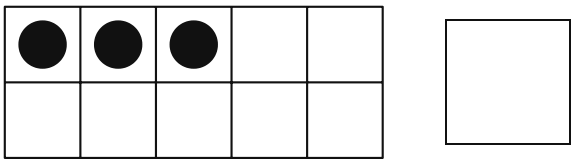


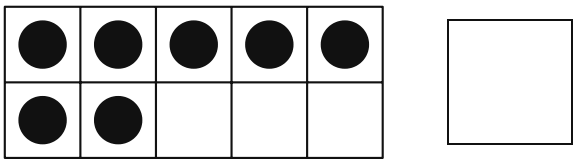






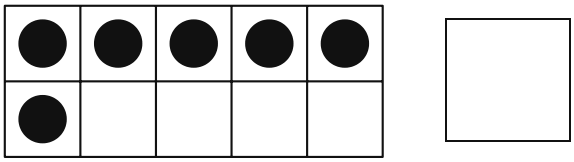


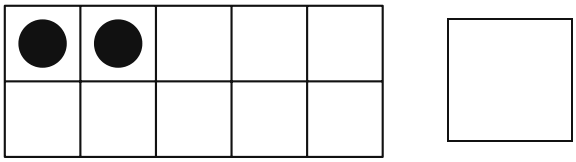


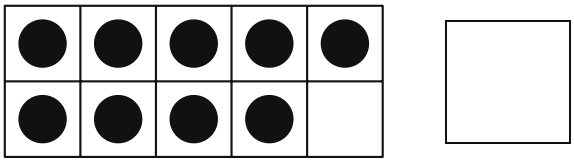


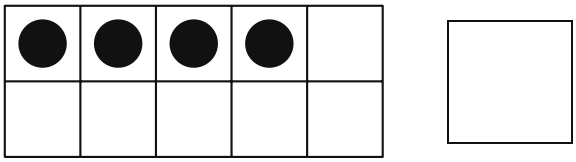
One More, One Less: One Less to 10

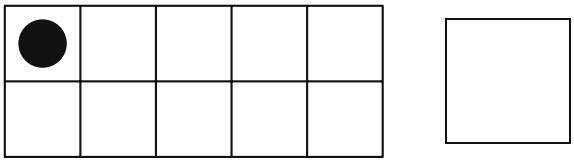
Cross out one dot. Write how many dots are left.

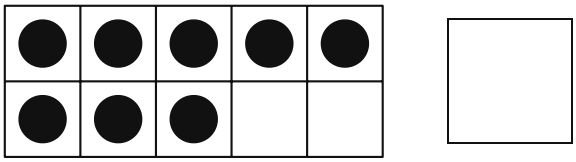


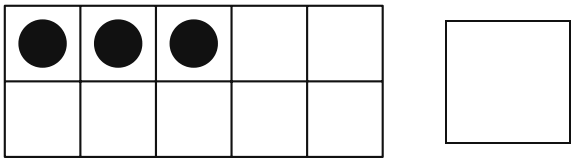


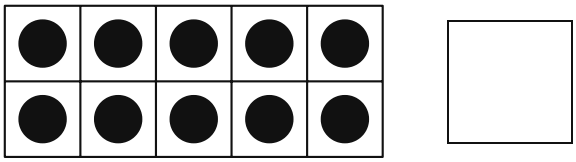


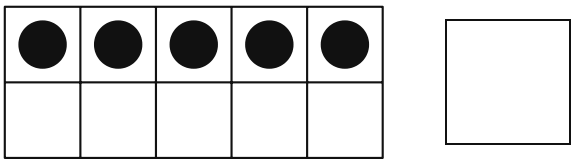


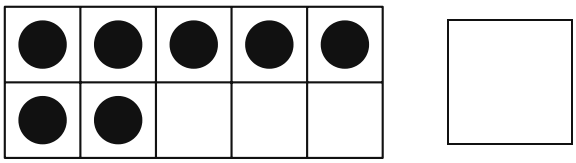








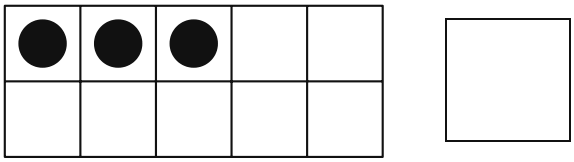


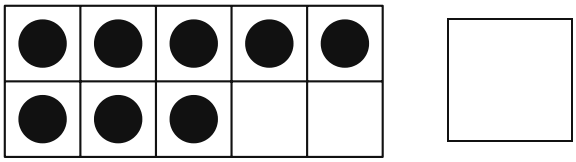


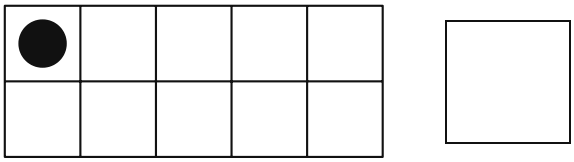
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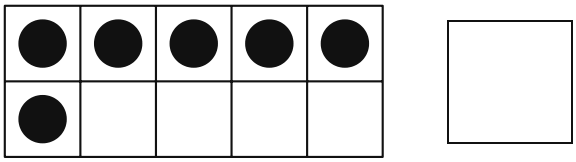
One More, One Less: One Less to 10

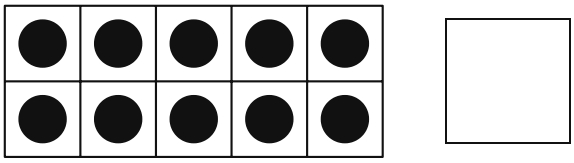
Cross out one dot. Write how many dots are left.

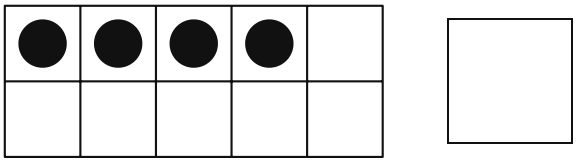


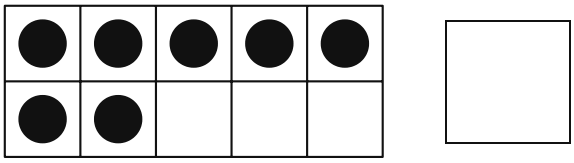


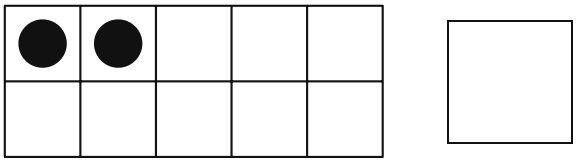


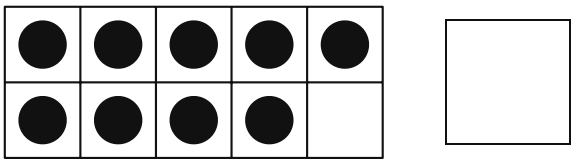


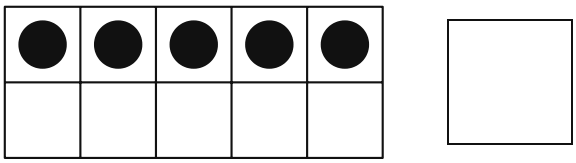












One More, One Less: Before and After to 20

Write the number that comes just before and the number that comes just after.

before		after
	14	

before		after
	10	

before		after
	6	

before		after
	19	

before		after
	3	

before		after
	12	

before		after
	17	

before		after
	1	

before		after
	8	

before		after
	15	

before		after
	11	

before		after
	5	

One More, One Less: Before and After to 20

Write the number that comes just before and the number that comes just after.

before		after
	7	

before		after
	19	

before		after
	4	

before		after
	13	

before		after
	10	

before		after
	2	

before		after
	16	

before		after
	9	

before		after
	18	

before		after
	5	

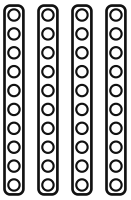
before		after
	11	

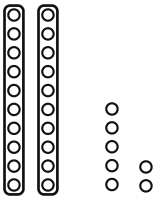
before		after
	15	

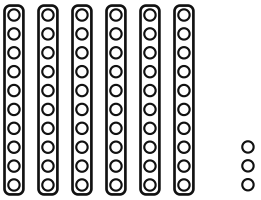
One More, One Less: Ten More, Ten Less

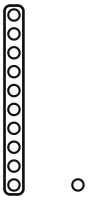
Each stick is ten and each dot is one. Write ten less and ten more.

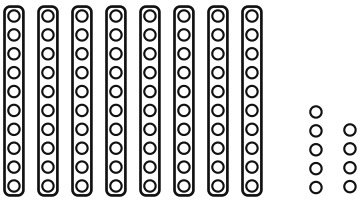
ten less ☐ **15**  ten more ☐

ten less ☐ **40**  ten more ☐

ten less ☐ **27**  ten more ☐

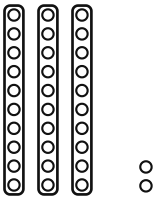
ten less ☐ **63**  ten more ☐

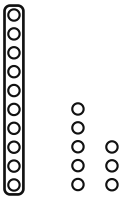
ten less ☐ **11**  ten more ☐

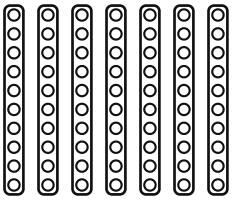
ten less ☐ **89**  ten more ☐

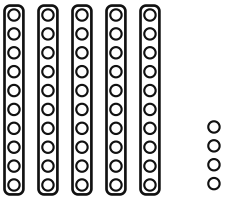
One More, One Less: Ten More, Ten Less

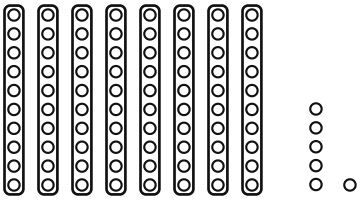
Each stick is ten and each dot is one. Write ten less and ten more.

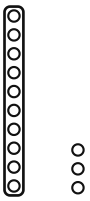
ten less ☐ **32**  ten more ☐

ten less ☐ **18**  ten more ☐

ten less ☐ **70**  ten more ☐

ten less ☐ **54**  ten more ☐

ten less ☐ **86**  ten more ☐

ten less ☐ **13**  ten more ☐

One More, One Less: Ten More, Ten Less to 120

Write ten less before the number and ten more after it.

ten less		ten more
	14	

ten less		ten more
	104	

ten less		ten more
	95	

ten less		ten more
	81	

ten less		ten more
	34	

ten less		ten more
	37	

ten less		ten more
	54	

ten less		ten more
	24	

ten less		ten more
	110	

ten less		ten more
	64	

ten less		ten more
	44	

ten less		ten more
	58	

One More, One Less: Ten More, Ten Less to 120

Write ten less before the number and ten more after it.

ten less		ten more
	29	

ten less		ten more
	46	

ten less		ten more
	26	

ten less		ten more
	66	

ten less		ten more
	101	

ten less		ten more
	108	

ten less		ten more
	67	

ten less		ten more
	56	

ten less		ten more
	36	

ten less		ten more
	92	

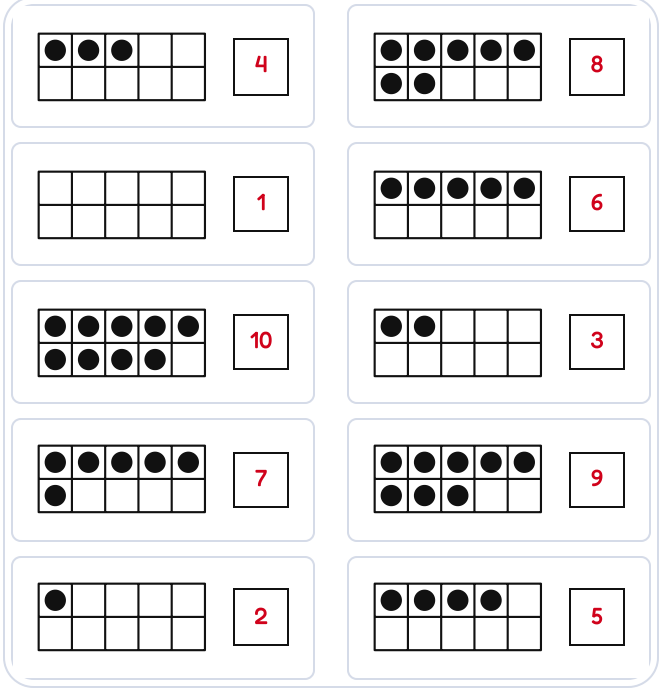
ten less		ten more
	16	

ten less		ten more
	73	

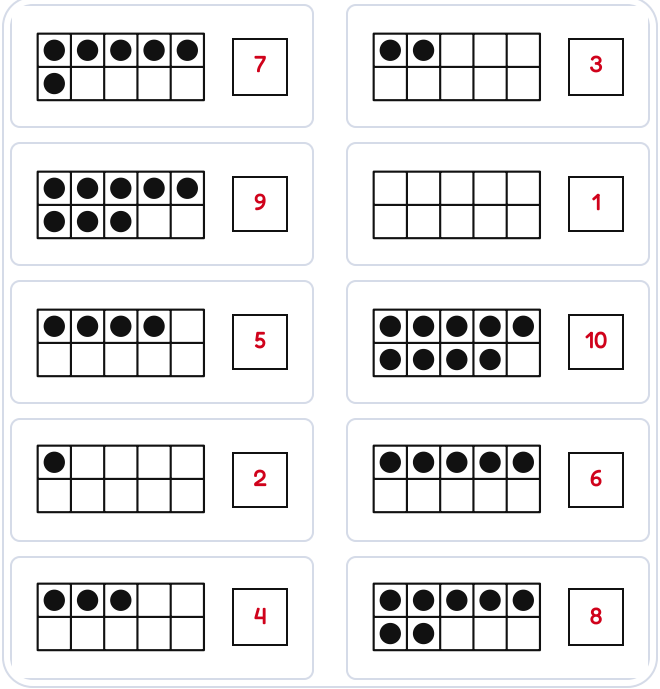
Answer Key: Pages 1 to 4

For the grown-up. Each red number sits where your child writes it.

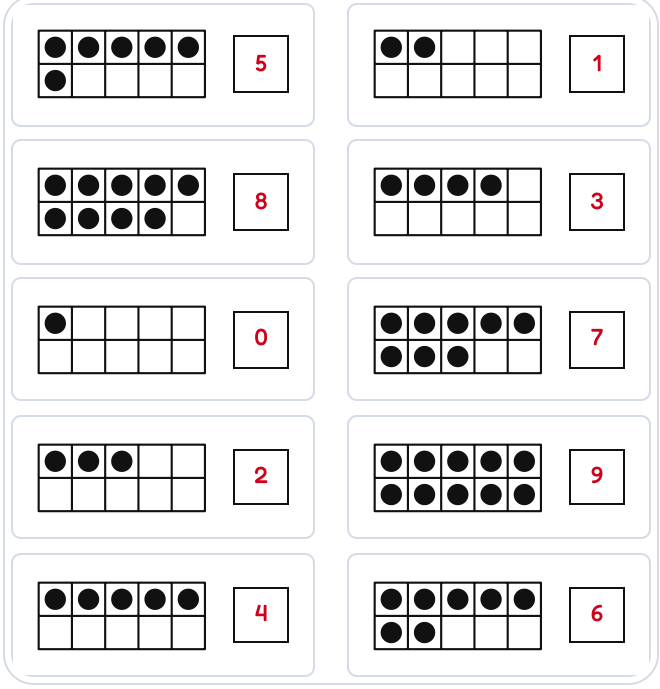
Page 1



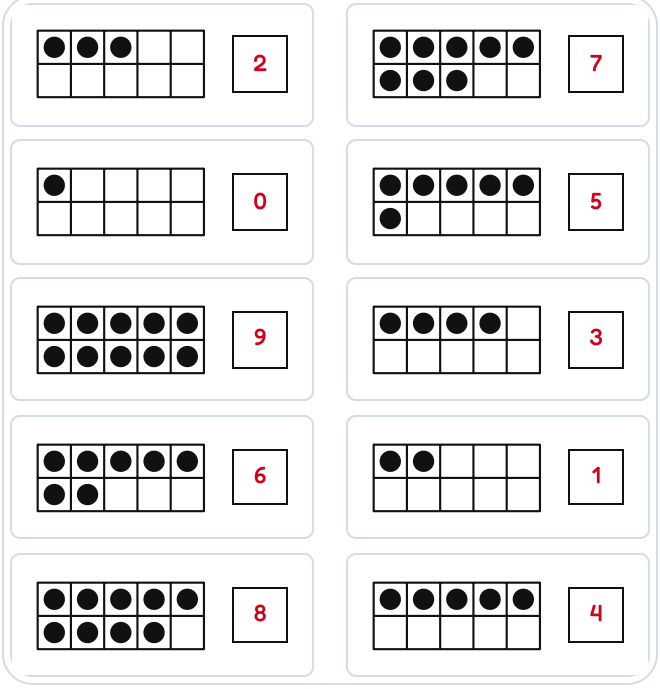
Page 2



Page 3



Page 4



Answer Key: Pages 5 and 6

For the grown-up. Each red number sits where your child writes it.

Page 5

before		after
13	14	15
5	6	7
2	3	4
16	17	18
7	8	9
10	11	12
9	10	11
18	19	20
11	12	13
0	1	2
14	15	16
4	5	6

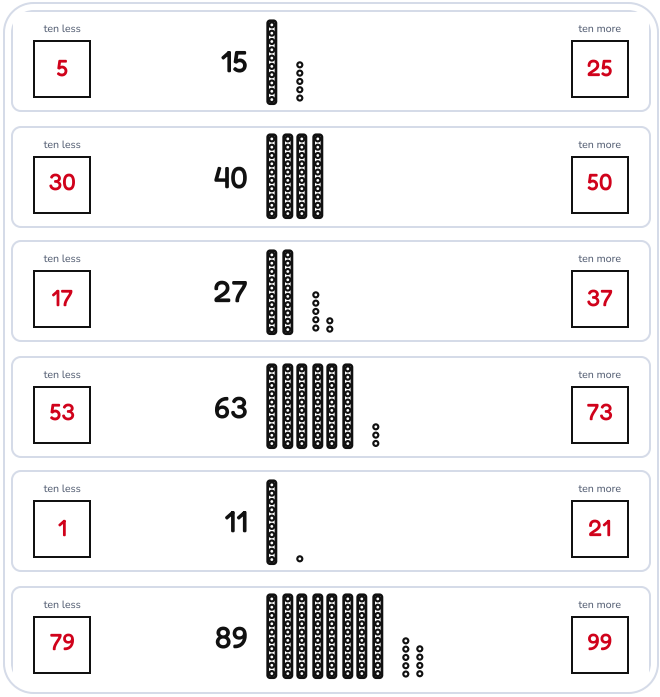
Page 6

before		after
6	7	8
3	4	5
9	10	11
15	16	17
17	18	19
10	11	12
18	19	20
12	13	14
1	2	3
8	9	10
4	5	6
14	15	16

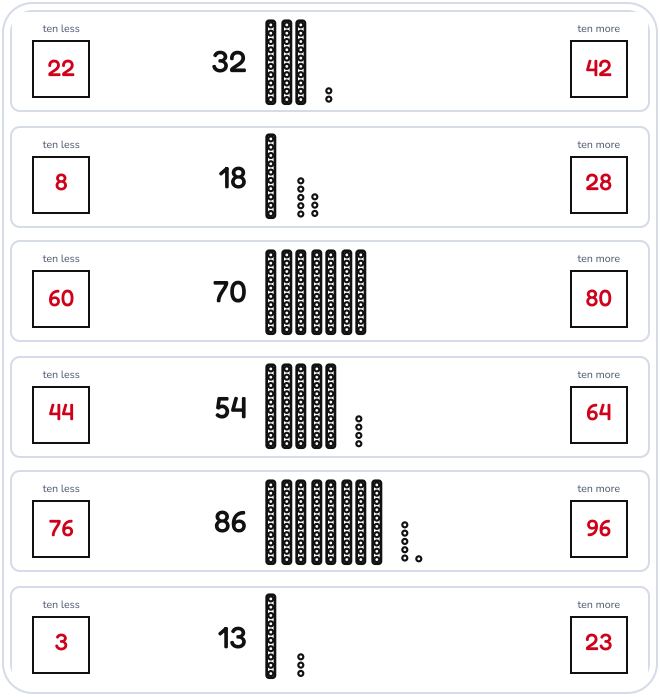
Answer Key: Pages 7 to 10

For the grown-up. Each red number sits where your child writes it.

Page 7



Page 8



Page 9

ten less		ten more
4	14	24
94	104	114
85	95	105
71	81	91
24	34	44
27	37	47
44	54	64
14	24	34
100	110	120
54	64	74
34	44	54
48	58	68

Page 10

ten less		ten more
19	29	39
36	46	56
16	26	36
56	66	76
91	101	111
98	108	118
57	67	77
46	56	66
26	36	46
82	92	102
6	16	26
63	73	83

For Grown-Ups: How to Use These Worksheets

A few minutes at a time, from pre-K to first grade. Start with the page your child can already do.

Why use it

One more is the number right after another, and one less is the number right before. Children first find them by counting, and the goal is to know them without counting. Ten more and ten less change the tens digit by one and leave the ones digit alone, which is a first step into place value.

What it is good for

- Pre-K and kindergarten: one more and one less with dots in ten frames, to 10.
- Kindergarten: the numbers just before and just after, to 20.
- First grade: ten more and ten less with ten-sticks and dots, then to 120.

How to use it

1. On the one more pages, your child draws one more dot and writes how many now.
2. On the one less pages, your child crosses out one dot and writes how many are left. Do these after one more.
3. On the before and after pages, ask what comes just after the number, then just before.
4. On the ten more pages, each stick is ten and each dot is one. Ask which digit changed.
5. Check with the answer keys, which show every page in small.

> **Try saying:** “What comes after 7? What comes before 7? Can you say it without counting from 1?”

Tip: A running start, 5, 6, 7, 8, is fine for now, and it fades.